



Hove Methodist Church

Hove Methodist Church

Portland Road Hove BN3 5DR

Tel: 01273 324600

office@hovemethodistchurch.co.uk

www.hovemethodist.co.uk

Minister: Rev Andy Lowe

Sunday 12 May

10.30 Holy Communion Service with Rev Andy Lowe

Today's flowers are given by Efro Draper

Steward: Donald Reid

Readers: Elin Star

Music: Paul Richards

AV: Mark Gregory

HMC Photo Album (Updated weekly): <https://albumizr.com/a/VcW4>



Prayer

Today, O God, may we drink from the cup of your salvation, rejoice in the company of your saints and delight in the sacrifice of your praise.

Amen.

Polycarp of Smyrna (c. 155)

HMC Mission: To share the love of God, as revealed by Christ,
through the Holy Spirit

Week: 13 May - 19 May 2024

- Mon 13** **Monday Guild** with Ken Smith
- Tues 14** **12.00 Lunch Club** in the hall
- Weds 15** **10.30 History of Christianity** in the Narthex
2.30 Drop-in session at Georgies
- Thurs 16** **10.30 Midweek Communion**
12.30 Lunch Club in the hall
- Fri 17** **10 - 11.30 Chatty Café**
1.30 Polka Tots parent and toddler drop-in
- Sun 19** **10.30 Sunday Service** with Rev Sue Jacobs



Sunday Worship

Rev Andy Lowe will be present at HMC on Sunday 12 May, to lead our Holy Communion Service. We are grateful to all who support him during this service. This month's 'Thinking Aloud' will follow at 6.30pm online via Zoom via the usual links. **HMC Office**

Church Annual General Meeting - Sunday 12th May 2024

The Church Annual General Meeting will take place during the morning service. It is the time we celebrate the work done in the church over the last year and re-elect our representatives. Papers will be available on the day. **Stella Goddard**

Big Spring Sing

JOIN US FOR
THE MARTLETS CHOIR
BIG SPRING SING
SATURDAY 18TH MAY 2:30PM-4:30PM
AT HOVE METHODIST CHURCH
£5 Suggested Donation
Raising funds
for the Martlets Hospice

Refreshments
Raffle

On Saturday 18 May, The Martlets Choir invite all to join in a 'Big Spring Sing' at Hove Methodist Church from 2.30-4.30pm. Suggested donations from £5 to help raise funds for the Martlets Hospice. **HMC Office**

Action for Children

I am sorry that I have not collected the boxes from those who have them for some time. However, I have now left, in the office, empty boxes, for all of you that kindly save for the above charity. Please take your boxes to the office and collect your empty ones. If you are not able to do this please call me on 07725623898. **David Sawyer**

May 18th Circuit Refugee Project Journey4Sanctuary Launch

All the information you need to join in or sponsor people via Just Giving, is in our information leaflet and our Journey4Sanctuary article in Summer Focus. **Hot off the**

Hove press - Jonathan Gravestock plans to cycle around all 5 churches. The Samurs, Stella and Charlotte all plan to walk on May 18th, for varying distances!

Church Opening Times on May 18th: Our wonderful Church Circuit Cuppa & Biscuits volunteers will be ready with a warm welcome for walkers, mobility aiders, bikers, bus passengers & car riders at the following times:

Stanford Avenue: 10am to 2pm (Wish Stanford Avenue 'Happy Anniversary', it's their 126th Anniversary weekend!)

Dorset Gardens: 10am to 3pm

Woodingdean: 10.30 am to 12.30 **Patcham:** 12 noon - 4pm

Hove: 2pm - 4.30pm (Hove has a Martlets Concert from 2.30pm. Walkers are welcome in the Narthex. If you want to watch the Martlets concert, do arrive well by 2pm for a seat.) Remember - all mileage counts, by any means of transport. So let us know how far you journeyed from church to church. On Sunday May 19th, anyone who is able can journey for laps within church too. Any questions, email bhmethodistproject@gmail.com



BACK BY POPULAR DEMAND...
STANFORD AVENUE METHODIST
CHURCH PROUDLY PRESENTS

WOMEN OF NOTE

3PM SATURDAY 25TH MAY 2024

WITH RETIRING
COLLECTION
IN SUPPORT OF
THE CHURCH &



72 STANFORD AVE, BRIGHTON BN1 6FD

Journey4Sanctuary



Brighton & Hove Methodist Circuit
Refugee Project

Our Circuit Journey for Sanctuary

Sat 18th

May
2024



Stanford Avenue

Home front Delivering Gods Gifts of Grace

"Each of you has received a gift to use to serve others. Be good servants of God's various gifts of grace." **1 Peter 4:10 (NCV)**

It's Worship rota time again and we are reminded of the ministry of service offered by so many in our community. Service that goes beyond Sunday worship; living proof of the love of God we show and share in this place. We are grateful for these gifts, the joy of giving and the satisfaction of all who benefit.

There's always room for all talents, skills & abilities but I'm especially interested in the gift of tea-making & bible reading (hint..hint).

HMC Office

Paws for thought!



When Barry Wilson walked into the office with a tiger under his arm, my first instinct (being partial to the odd one-liner) was to say "Look what the cat dragged in"! I resisted, saving the wise crack for a few minutes later as Vera Miles presented a 'wooden cat' to me! One would be forgiven for thinking it was Feline Appreciation Day (it was actually National Leopard Day on 3 May)! Open to



suggestions as to what to do, now that both cats are out the bag....

J.J. Baiden-Amisshah

Stress Toolkit Workshop

Mind in Brighton and Hove
STRESS TOOLKIT WORKSHOP
Tuesday 10th October 10.00am – 1.00pm or
Tuesday 21st November 1.30pm – 4.30pm

This interactive and practical workshop will:

- Explore how stress works and its impact on you
- Look at what affects our capacity to manage stress
- Explore short and long-term strategies that can help
- Support you in starting to build your own Stress Toolkit
- Provide a space to practice some self-help techniques

These workshops are free and open to people interested in managing stress in their day to day life

Places are limited so booking is essential

01273 66 69 50
info@mindcharity.co.uk
www.mindcharity.co.uk
Registered charity no. 1071434

Mind in Brighton and Hove is running a Stress Toolkit Workshop on Thursday 27th June (10am – 1pm). This free workshop is open to people interested in managing stress in their day-to-day life. The workshop will take place at our Mind offices at 51 New England Street, Brighton, BN1 4GQ.

Places are limited so booking is essential. If you would like to know more about the workshop or want to book a place, please contact us on 01273 666950 or at

info@mindcharity.co.uk

Mind (Brighton & Hove)