



Hove Methodist Church

Hove Methodist Church

Portland Road Hove BN3 5DR

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Minister: Rev Andy Lowe

Sunday 21 January

10.30 Sunday Service with Bob Winton

Today's flowers are given by Joy Hole

Steward: Charlotte Gravestock

Readers: Sue Noak

Music: Janet Morgan

AV: Jonathan Gravestock

Coffee: Ruth Samur

HMC Photo Album (Updated weekly): <https://albumizr.com/a/VcW4>



Prayer

We offer you our hands, O Lord, to do your work; our lips to sing your praise; a life to proclaim your glory and a heart to serve our neighbour; through Jesus Christ our Lord.

Amen.

Hildegard of Bingen (1098 - 1179)

HMC Mission: To share the love of God, as revealed by Christ,
through the Holy Spirit

Week: 22 Jan - 28 Jan 2024

- Mon 22** 2.00 **Monday Guild** with Michael Kingston
- Tues 23** 12.00 **Lunch Club** in the hall
- Weds 24** 10.30 **History of Christianity** in the Narthex
2.30 **Drop-in session** at Georgies
- Thurs 25** 10.30 **Midweek Communion**
12.30 **Lunch Club** in the hall
- Fri 26** 10 - 11.30 **Chatty Café**
1.30 **Polka Tots** parent and toddler drop-in
3.30 **Messy Church** All age craft, worship and dinner
- Sun 28** 10.30 **Circuit Together Service** with Rev Andy Lowe



Sunday Worship

This Sunday 21 January, our Sunday service will be led by Bob Winton, supported by JJ Baiden-Amisshah (Prayers of Intercession) and Ruth Samur (Circuit Refugee Project).

HMC Office

Ecumenical Vespers - Sunday 21st January, 4pm

at St John the Baptist, Kempton (BN2 1AP)

The theme for this year's **Week of Prayer for Christian Unity** (18 - 25 January) is **Go and**

do likewise, based on the parable of the Good Samaritan.

In this Week of Prayer the monastic community, Monks in the City, invite members of all churches in Brighton and

Hove to join with them in prayer on this theme. Bishop Nicholas Holtam will preach.

C.T.B.I

Monday Guild with Mike Kingston, 22 January



We are so honoured to have Michael Kingston speak to us on Monday 22 January from 2.00pm. Michael has authored so many amazing books, but will be giving a talk on - **A Candle of Consuela** (based in El Salvador); and **A Flyblown Solution** (based in East

Timor). There will be an opportunity for questions and conversation later.

Kathlyn Taylor

Winter Warmer

On Saturday 24 February, all our invited to HMC for a cosy afternoon of tea, cake and feel-good folk and acoustic music with local band, **The Cheer Up Mollys**. Doors open at 2.30pm and music starts at 3pm. Suggested donations from £5 to help raise funds for Food and Friendship, who provide low-cost shared meals for older people and adults with learning disabilities.

Rachel Richards

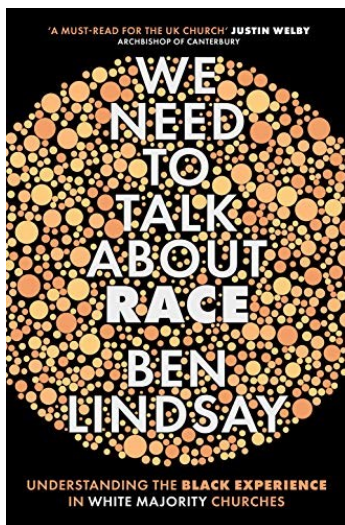


Circuit Refugee Project

Bob Winton has asked Ruth to give a short update on our Brighton & Hove Methodist Circuit Refugee Project during this Sunday 21 January's service. Here are a couple of weblinks Ruth will mention, in case you wish to look up before or after Sunday's service. This is our updated web page <https://brightonhovemethodistcircuit.org.uk/supporting-refugees/> and this is an article on a workshop we have contributed to, with other local faith communities. <https://www.bhfa.org.uk/becoming-a-place-of-sanctuary>

Also, do let Ruth know by Monday January 22nd on ruthsamur@yahoo.co.uk if you wish to attend the **Speak Up for Sanctuary Workshop** already mentioned in previous Newsnotes. It runs on Saturday 27th January from 2pm - 4.30pm at her house in Hove.

Ruth Samur



Race Talk

During his sermon last Sunday, Rev Andy Lowe referred to discussions he had been having with JJ over the book, **'We need to talk about race – understanding the black experience in white majority churches'**.

Written by **Ben Lindsay**, church leader, speaker, trainer and facilitator for social justice; this book addresses conversations which should be shared within our church community and beyond. To that end, we have made available a few copies of the book to borrow. Please contact the church office to secure your copy.

J.J. Baiden-Amissah

Home front CityYogiUK Acupressure

The January Chatty Cafe acupressure session went really well. 8 Chatty Cafe folk took on the acupressure; 2 new and 6 regulars. We raised £15 for the CityYogiUK project that sponsors these sessions. The infra red lamp continues to be popular so I will continue to bring that to the next acupuncture clinic on 2 Feb and again every first Friday. I am happy to extend the clinic until 1.30pm for anyone outside of Chatty Cafe.

I might bring my yoga mat next time and set it up discreetly next to the chair as Anna expressed interest in going through a few of her physio therapy exercises to help with the arm she broke recently. I am fully insured as well as a yoga instructor and happy to do this to support Chatty Cafe.

Paola (CityYogiUK)

Messy Church - Friday 26 January 2024



We welcome families and all 'Messyists' back for an afternoon of craft, worship and food, glorious food! We are all still dining at the high table of last years' Bright & Sparkly party and anticipate more smiley, happy faces through our doors on the last Friday of each month, throughout the year!

Sue Jacobs

Missing Mavis

Thank you to Lucy for sending us this lovely picture of the gorgeous Mavis taken at 'The Hot Spot'. (Hop 50+)



Reminders

- Monday 5 February **Leadership Team Meeting** from 7.30pm
- Sunday 28th January **Service of Healing & Communion:** 6.30 pm at Dorset Gardens. Led by Revd Cynthia Park and Shirley Veater. A quiet, meditative service that will include communion and the opportunity for the laying on of hands. Open to all in the Circuit. Future dates: 25th February, 26th March and 28th April.